

NEED A GP IN THE NETHERLANDS?

GET MEDICAL HELP IN YOUR OWN LANGUAGE.

If you don't have a GP in the Netherlands, you can contact a GP online and, if needed, in person.

See how it works



1

Open the platform

Visit H4I-D online from your phone or computer: h4i-digital.nl

2

Choose your language

Use the platform in your own language.

3

Describe your health question

Answer a few questions about your symptoms.

4

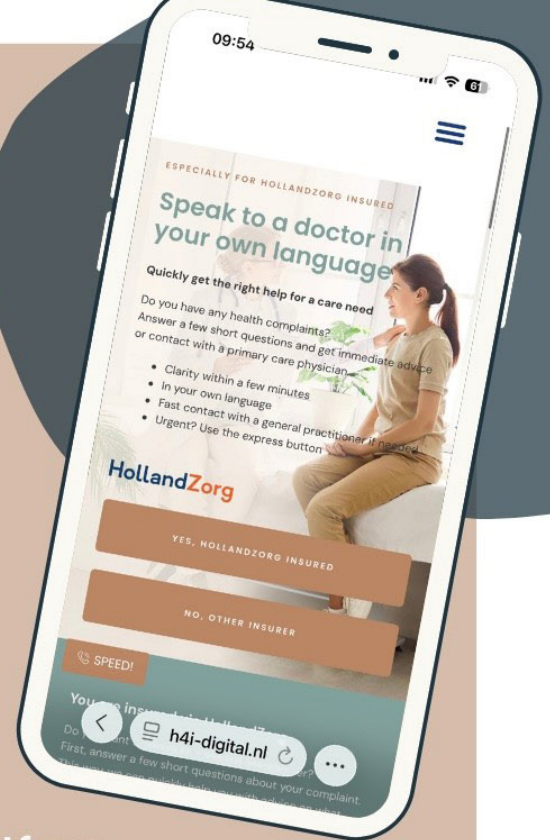
Contact a GP by phone or email

Get medical advice from a GP

5

If needed, visit a healthcare location.

If needed we connect you to an H4i hub or GP nearby.



H4I-D
Provided by **HollandZorg**

Why choose H4i-D?

- Experienced GP care for internationals.
- In your own language.
- Quick access to medical advice.
- Access to an H4i hub, if needed.

When to use this service?

- You have health questions or feel unwell.
- You do not have a GP in the Netherlands.
- Not for emergencies. Call 112 in urgent situations.

Get started today!
Scan the QR code to
access H4i-D
www.h4i-digital.nl



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